**PATIENT INSTRUCTIONS FOR FULL LUNG FUNCTION TESTING**

An appointment has been made for you to attend the Tasmanian Lung Centre for full lung function testing.

**Instructions for Patient**

 **Start 24 hours prior (count-down)**

*If you have previously seen Dr. Feng and had lung function testing done, please do not withhold your medications unless directed*

***Unless otherwise directed by your doctor, withhold medications as below:***

|  |  |
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| **24 hours** | Symbicort, Flutiform, Seretide, Breo, Oxis, Serevent, Onbrez, Spiolto, Brimica, Ultibro, Anoro, Trelegy |
| **6 hours**  | Withhold *(unless instructed to take medications as usual)*Ventolin, Asmol, Bricanyl, Airomir, Atrovent, Tilade and Intal and other relievers for 6 hours prior unless urgently required |
| **4 hours**  | Do not consume caffeine or alcohol within 4 hours of testing  |
| **2 hours**  | Do not eat a large meal within 2 hours of testing |
| **30 minutes**  | Do not exercise strenuously within 30 minutes of testing |

***Please do not wear restrictive clothing.***

In the current COVID-19 environment, we ask that when you attend the rooms you wear a mask, use our provided hand sanitiser on entry to the rooms, maintain social distancing and follow any directions given by our staff.